

# Championship Basketball Skills

Taught by Coaches Lilly & Sullivan of Xavier High School

An opportunity for Xavier-bound youth to experience competitive basketball in an environment that promotes excellence and character. The goal is help kids develop their skills to the highest level. The months before and after the basketball season present an opportunity to become superior basketball players.

Xavier High School with Coaches Lilly and Sullivan are offering Shooting and Post Position-Specific Clinics for all Xavier-bound players on June 30 and July 1. These are two-day sessions – 8:30 AM-11:30 AM and 12:00 PM (Noon)-3 PM @ Xavier High School. Sign up for either morning or afternoon session. These are available to all girls entering 5<sup>th</sup>-8<sup>th</sup> grade this fall. (current 4<sup>th</sup>-7<sup>th</sup> graders)

The player-to-coach ratio is 6:1 - A total of SIX INTENSE HOURS with Coach Lilly (Shooting) and Coach Sullivan (Positioning and Post Play) and their associates.

**SIGN UP NOW** by completing the following information and submitting your payment below. Specify your interest – Shooting Skills and/or Post Players.

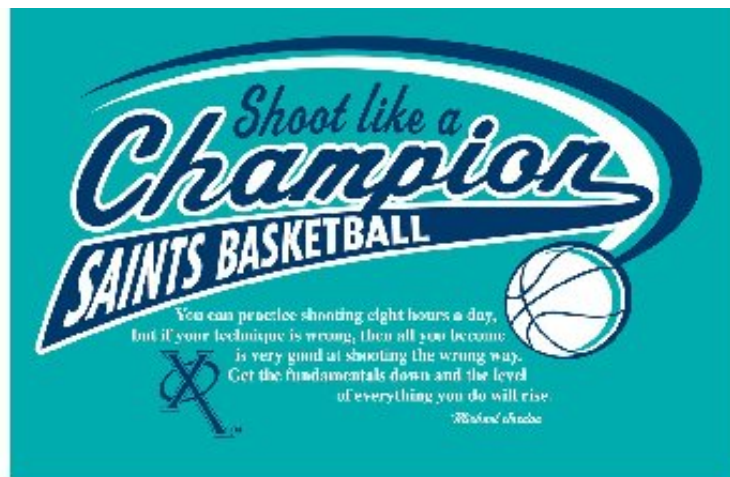
**All Proceeds Go To The Benefit of Xavier Girls Basketball Program.— \$75.00 per session**

**Bring clean gym shoes** (no street shoes allowed), water bottle/quick snack, if desired.

**Questions:** Email – [tlilly@cr-cath.pvt.k12.ia.us](mailto:tlilly@cr-cath.pvt.k12.ia.us)

## “It Takes A Little More To Be A Champion”

### With Coaches Lilly, and Sullivan



**You can practice shooting eight hours a day, but if your technique is wrong,  
then all you become is very good at shooting the wrong way.  
Get the fundamentals down and the level of everything you do will rise.**

*Michael Jordan*

# Sign Me Up for “Shoot like a Champion” and Position Camp for Post Players!

The **first 24 spots for both “Shoot like a Champion” sessions** are NOW being accepted. Deadline is June 1<sup>st</sup>. This camp Does NOT replace Xavier’s Basketball Camp in early June, but focuses on more specific shooting and post skills.

**June 30 and July 1 Camp** –@ Xavier High School - subject to change with notice.

<b>Session 1</b> – 8:30 AM – 11:30 AM	Shooting _____	Post _____
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<b>Session 2</b> – 12:00 PM (Noon) – 3PM	Shooting _____	Post _____
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**Name:** \_\_\_\_\_ **Age** \_\_\_\_\_ **Grade** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_ **Cell:** \_\_\_\_\_

**Tee Size:**

Youth Large \_\_\_\_\_ Adult Small \_\_\_\_\_ Adult Medium \_\_\_\_\_  
Adult Large \_\_\_\_\_ Adult XL \_\_\_\_\_

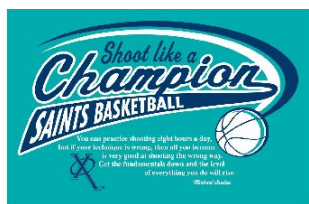
Check payable to –Xavier %Shoot Camp  
Check # \_\_\_\_\_ Amount \$75 per person \$ \_\_\_\_\_

My child may participate in the Lilly/Sullivan Basketball Camp. I will not hold Xavier High School, Coaches Lilly, or Sullivan, responsible for any liability, including injuries, claims or suits associated with participation in this camp.

Parent (Guardian) Signature \_\_\_\_\_ Date \_\_\_\_\_

No spot will be held without payment enclosure. First come, first reserved!

**Mail to:**                   **Shoot Like A Champion**  
                                  **% Activities- P Barta**  
                                  **6300 42<sup>nd</sup> Street**  
                                  **Cedar Rapids, Iowa 52411**



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